



Fitness Center Schedule October 21-25, 2019

Monday, October 21:

3:00-3:30 PM – Junior Varsity/Junior High Cross Country

3:30-4:30 PM – Junior Varsity Soccer

4:30-5 PM - Open to all

Tuesday, October 22:

3-3:30 PM – Varsity Cross Country

3:30-4 PM – Field Hockey

4-5 PM – Open to all

Wednesday, October 23:

3-5 PM – Open to all

Thursday, October 24:

3-3:30 PM – Varsity Soccer

3:30-4 PM – Varsity Volleyball

4-4:30 PM – Junior Varsity Volleyball

4:30-5 PM – Open to all

Friday, October 25:

3-4 PM – Swim and Dive

4-5 PM – Open to all