



Bear Cave Days at Ursuline Academy

We are excited to continue our 11 year "September partnership" with the Hale Reservation staff and their programs. The Hale staff are professional facilitators dedicated to providing a safe, active, and nurturing environment where participants can learn and grow. The week of September 21st Bear Cave days will involve each grade participating in the Hale program from 8:30-12:30pm. This year's Hale program will take place on Ursuline's school grounds. The afternoon will be dedicated to discussing UA life, class spirit and goals with UA administration, faculty, and staff.

Hale Goal:

All Hale staff members have been trained in DESE health and safety protocols. They have been successfully running summer programs at Hale reservation. Hale staff will guide UA students (1 staff member per 8-10 students) through a series of outdoor and physically distanced team building initiatives. These can both help create a sense of connection across the community and set the stage for a successful high school experience together.

Hale Program:

Through small group activities we help participants form bonds and develop social-emotional skills that are important for school and life. Our programs are designed as a series of scaffolding activities, starting simple and working up to more complex types of challenges. We begin with ice breakers that foster connection. As trust develops, we will then challenge groups to higher thinking and problem-solving activities. All challenges are designed to strengthen the group's communication, goal-setting and problem-solving skills. Please note: these activities do not involve physical exertion /sports type physicality.

We have found that our Hale September connection supplies a good foundation for a fun, class-connected, and positive start to our new UA school year community!

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